



# APICON 2025

80<sup>th</sup> ANNUAL CONFERENCE OF THE  
ASSOCIATION OF PHYSICIANS OF INDIA



## FIRST ANNOUNCEMENT BROCHURE





## WELCOME MESSAGE

Dear Friends,

Greetings from Kolkata, "The City of Joy". On behalf of the organizing committee of the **APICON 2025**, it is indeed a great pleasure to invite you all to **80th Annual Conference of Association of Physicians of India**.

The age old anecdote of Yudhisthira and the Yakshya tells us that health is our greatest treasure and knowledge our most precious possession. So, friends, let us celebrate the acquisition of knowledge about healthy living at the **APICON 2025**.

This conference will attempt to present an academic feast of latest developments in the field of medicine and also provide a platform to our junior members. We have been able to invite the best of International and National speakers in diverse branches of medicine whose lectures will enrich and upgrade our knowledge and practice.

However, academics should not bar you from absorbing the rich ambience, culture and vibrancy of **Kolkata**. The **APICON** is not only an academic extravaganza but also a social conglomeration from all over the nation. It enables the delegates to meet old friends and colleagues and also savor the essence of the venue city.

In the famous words of our dearest Bard of Bengal, **Sree Rabindranath Tagore**, "The highest education is that which does not merely give us information but makes our life in harmony with all existence".

Over the centuries, the Mughals, the Pathans, the French, the Portuguese and the British all came to Bengal and each has left an indelible mark on our culture to make it more unique. **Kolkata** is a city that bears testimony to centuries of colonial history and it offers a rich cultural heritage to be explored when you visit. The vibrant city is famous for its Bengali cuisine, tantalizing sweets and Mishti Doi all ready for you to dig into for all the APICON Days. You will enjoy the sunny winter days, mild and comforting, and visit the Victoria Memorial or the Kalighat Temple or cruise down the Hooghly River. If you are a book worm, you may visit the bookfair, or choose handicrafts from the Handloom fairs. If you have time, you may also visit Gangasagar or make a short trip to Santiniketan Poush mela.

We believe in "**Atithi Devo Bhava**" – Our Guest is God. It is our sacred duty to offer you the best hospitality we can.

We welcome you all with open arms to **Kolkata** for the **APICON 2025**, and we are sure you will take back beautiful memories to cherish from your stay here.

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## ABOUT KOLKATA

The city's former name, Calcutta, is an Anglicized version of the Bengali name Kalikata. According to some, Kalikata is derived from the Bengali word Kalikshetra, meaning "Ground of (the goddess) Kali." Some say the city's name derives from the location of its original settlement on the bank of a canal (khal).



**Victoria Memorial Hall**



**Dakshineswar Kali Temple**



**Birla Temple**



**Howrah Bridge**



**Prinsep Ghat**



**New Market**



**Indian Museum**



**St. Paul's Cathedral**



## Medical History of Bengal

The history of medical education in Bengal started with the establishment of the Medical College Calcutta on 28th January, 1835. Its purpose was to train native youths in Medicine irrespective of caste and creed. The year 1836 was a landmark in the history of Indian medical teaching when the first dissection of a human corpse was conducted by Madhusudan Gupta, a student of the first batch. Eminent persons of Calcutta during that period including Ram Kamal Sen, Dwarkanath Tagore, supported medical education by providing scholarships and prizes for academically brilliant students. With the financial help of Dwarakanath Tagore, four brilliant students of the college were sent to England. Among them Gopal Chandra Seal, Dwarakanath Bose, Bholanath Bose, cleared the MRCS (Member of the Royal College of Surgeons) examination in 1846 and returned to India to join the Medical Service. The college produced many eminent alumni namely Sir Nilratan Sarkar, U N Brambhachari, Bidhan Chandra Roy, whose contribution to medical science subsequently are legendary. Kadambini Ganguly, a Bengali Brahmo lady, became the first Indian woman to be admitted in a medical college.

The other medical colleges of then Bengal were the Cambell Medical School founded in 1884 (later NRS Medical College) and the Carmichael Medical College (later R G KAR Medical College) founded in 1886 as Calcutta Medical school. Famous personalities like Dr UN Brahmachari discovered the Urea Stibamine working in NRS Medical college in 1922 while Dr Sambunath Dey isolated the Cholera toxin.

The Presidency General Hospital or PG Hospital built in 1770, was the oldest hospital in Kolkata, initially meant for treating only Europeans. Later it came to be known as Seth Sukhlal Karnani Memorial Hospital. Sir Ronald Ross made his epoch-making-discovery of "Cycle of Malarial Parasite" in this hospital and was awarded Nobel Prize in Medicine and Physiology on 10 Dec 1902. Later this became a premier post graduate institute renamed as IPGIMER in 1957.

Not to forget, it should be mentioned that, Bengal Chemicals & Pharmaceutical Works Ltd. (BCPW) established in 1901 by Acharya P.C. Ray, renowned scientist, was the first Indian Company for production of quality Drugs & Pharmaceuticals, Chemicals and Home Products with indigenous technology with the objective to create awareness in the minds of Indians to become self-sufficient.



Madhusudan Gupta



Kadambini Ganguly



Radha Gobinda Kar



Nilratan Sircar



Upendranath Brahmachari



Acharya P C Ray



Dr B C Roy

**CALCUTTA MEDICAL COLLEGE**  
Established on 28 January 1835





# WINTER FESTIVE SEASON IN KOLKATA



Poush Mela in Santiniketan



Ganga Sagar Ashram



Kettles Handicrafts



Kolkata Book Fair



Pitha-Puli -Gurer Misti



Horses Handicrafts

## The Journey of API West Bengal Chapter

The Association of Physicians of India was established in 1944 with nine founder members, with a view to uplift medical knowledge among physicians. Today the organization boasts of 20000 physician members from every nook and corner of the nation. The first president of API was Jivraj N Mehta from Bombay in the year 1944. The API has come a long way from those days of yore and expansion has come in the form of local branches which were converted to Chapters later on, in various states of the country.

API WB Branch was born in 1975 under the able leadership of Prof (Dr) J C Banerjea who became the first president and Prof (Dr) Shyamal Sen, the founder secretary of the branch.

In 1956, Dr J C Banerjea from West Bengal, became the national president. Subsequently, Dr. Shyamal Sen (1987), Dr Sukumar Mukherjee (1994), Dr Manotosh Manja (2003), and Dr Amal Kr Banerjee (2012) became the national presidents of West Bengal. It is also to be mentioned that these four renowned doctors also adorned the chair of Dean, Indian College of Physicians over time. At present Dr Jyotirmoy Pal from West Bengal has become the Dean ICP (2023). To date, the API WB Chapter has organized four National conferences (APICON) in Kolkata. The organizing secretaries of the said conferences were Dr Shyamal Sen (1977), Dr Sukumar Mukherjee ((1989), Dr T K Biswas (1999) Dr Surendra Daga (2012). The 80th APICON is the fifth to be held in Kolkata in February 2025 in all its grandeur. this is the updated API history.



Dr Shyamal Kumar Sen



Dr M N dey



Dr J C Banerjea



# THE FACES OF BENGAL

## REVISIT HISTORY- PLACES TO BE IN AND AROUND KOLKATA



### Hazraduari Place, Murshidabad

Bringing back Memories of Last Independent Nawab of Bengal – Nawab Serajuddala

### Ancient Gour or present Malda

Remnants of ancient civilization of Mauryan, Pala, Gupta , Sen dynasties



### Bishnupur

Bishnupur, is renowned for its terracotta temples built during the reign of the Malla kings in the 17th and 18th centuries.

### Bawali Rajbari

Palace of The Mondal Dynasty of Bawali now converted to a Heritage Resort



### Santiniketan

Established in 1901 by Rabindranath Tagore, Santiniketan is the seat of Bengali culture and heritage- two hours away from the city of Kolkata.



### Nabadwip

Nabadwip is the birthplace of Sri Chaitanya Mahaprabhu



## MUSIC AND DANCE TO BE SAVOURED



**The Baul** (Bengali: বাউল) folk singers.



**Chhau Dance**, is a martial and folk tradition of Purulia district.



**Rabindra Nritya Natyas** are dance-dramas composed by Bengal's Nobel laureate Rabindranath Tagore



# SOUL CURRY



**Gangasagar Snan**  
A holy dip in the Ganges.



**Kalighat Temple**  
One of important Shakti Peeth in Bengal built in the 15th Century



**Dakshineswar Kalibari**  
Dhakhineswar was built by Rani Rashmoni in 1855, the ashram of Thakur Sri Sri Ramakrishna



**Belur Math**  
Established in 1897 Belur Math is the Headquarter of Ramakrishna Math and Mission.



**Durga Puja**  
Durga Puja is an annual festival celebrated magnificently through the worship of goddess Durga.

# CITY TOUR



**Victoria Memorial**  
The Victoria Memorial is a large marble monument dedicated to Queen Victoria.



**St Paul's Cathedral**  
Established in 1847, it is the largest cathedral church you can visit in Kolkata



**Fort William**  
The original fort was built in the year 1696 by the British East India Company



**Princep Ghat**  
is a ghat built by the British Raj, along the bank of the Hooghly River.



**House of Sabarna Roy Chaudhury**  
Sabarna Roy Choudhury was a Zamindar family of who sold their lands to the East India Company where Kolkata was born.



**Sovabazar Rajbari**  
Maharaja Nabakrishna Deb (1733–97), was the founder of the Shobhabazar Rajbari, the first to start Durgapuja in Kolkata





### Hare School

In the year 1818, Hare school was established by the Scottish educationist David Hare.



### Armenian Church

Built in 1724, it is the oldest church of Kolkata, situated at Barabazar.



### The Shaheed Minar

The Shaheed Minar (Martyrs' Monument), was built in 1828 in memory of Major-General Sir David Ochterlony, Commander of the British East India Company



### Latbagan

beginning of the Sepoy Mutiny in 1857. Sahid Mongal Pandey was hanged in this Place



### Writers' Building

was designed by Thomas Lyon in 1777, first three storied building in Kolkata.



### Tipu Sultan Masjid

This building was built in 1842 by Prince Ghulam Mohammed, the youngest son of Tipu Sultan.



### The Howrah Bridge

is a balanced steel bridge over the Hooghly River in West Bengal.



### Memories of the Colonial era

Heritage Tour around Victoria Memorial Hall with Horse pulled carriage and in the Tram



## GLIMPSE OF NATURE



### Kanchenjunga

Queen of Himalaya.



### Darjeeling

Beautiful hill stations of Bengal.



### Jaldapara National Park

famous for the Indian One horned Rhinoceros



### Sundarbans

World's largest mangrove forest. It is a reserve forest for the Royal Bengal Tiger.



### Ayodhya Pahar

Small Hill , surrounded by Lakes and Sal forests In Purulia District. In Mythology – Ram and Sita came here during Banawas.



### Ganga Kutir at Raichak

Ganga Kutir blends seamlessly with the Gangetic landscape, amidst the peaceful and quiet ambience.



# LANDMARKS OF THE RENAISSANCE IN BENGAL



**Raja Ram Mohan Roy**  
(1772 –1833) was the pioneer of social-religious reform movement in the Indian subcontinent.



**The RamMohan Memorial Museum**



**Simla House**  
Birth Place of Swami Vivekananda  
(1863-1902)



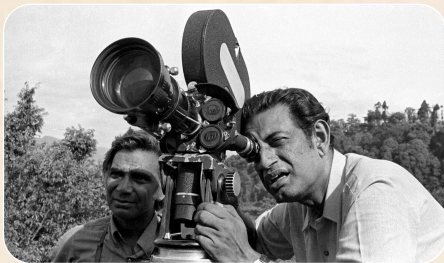
**Jorasanko Thakur Bari**  
is the ancestral home of the Tagore family.



**Netaji Bhawan**  
Birth place of Netaji Subhas Chandra Bose.



**Mother Teresa Bhawan**  
established **Nirmala Shishu Bhavan** in 1955



**Satyajit Bhavan**  
(Satyajit Ray :Great Bengali Filmmaker)



**Bengal Sanskrit College**  
Bengal Sanskrit College established in 1791



**First College For Western Education**  
in 1817 named as Hindu college, later on renamed as Presidency College



**Calcutta Medical College**  
First Medical college in Asia in 1835



**Star Theatre**  
Star Theatre built at 1883 was instrumental in Cultural renaissance of India and Bengal in British era.



**Pg Hospital(SSKM Hospital)**  
This is the Place where Sir Ronald Ross discovered life Cycle of Mosquito that causes Malaria (1897)and Got the novel Prize (1902).



## FOODIE'S PARADISE



Bengal Famous for sweets K C Das, Bhimnag, Nakur Sandesh, Joynagarer Moa



Delicious Bengali dish with fish

## SHOPPING SPREE



Bengal is Famous for Tant, Kantha, Baluchari, Murshidabad Silk saree.  
The Tant and the Jamdani sarees were highly patronized and made famous during the Nawabi and Mughal rule.

## MANJUSHA : GALLERY OF BENGAL HANDICRAFT



## KOLKATA OF NEW CENTURY



New Town, Biswa Bangla Gate



Vidyasagar Setu is the first and longest cable-stayed bridge in India and one of the longest in Asia.



Underwater tunnel for metro connectivity





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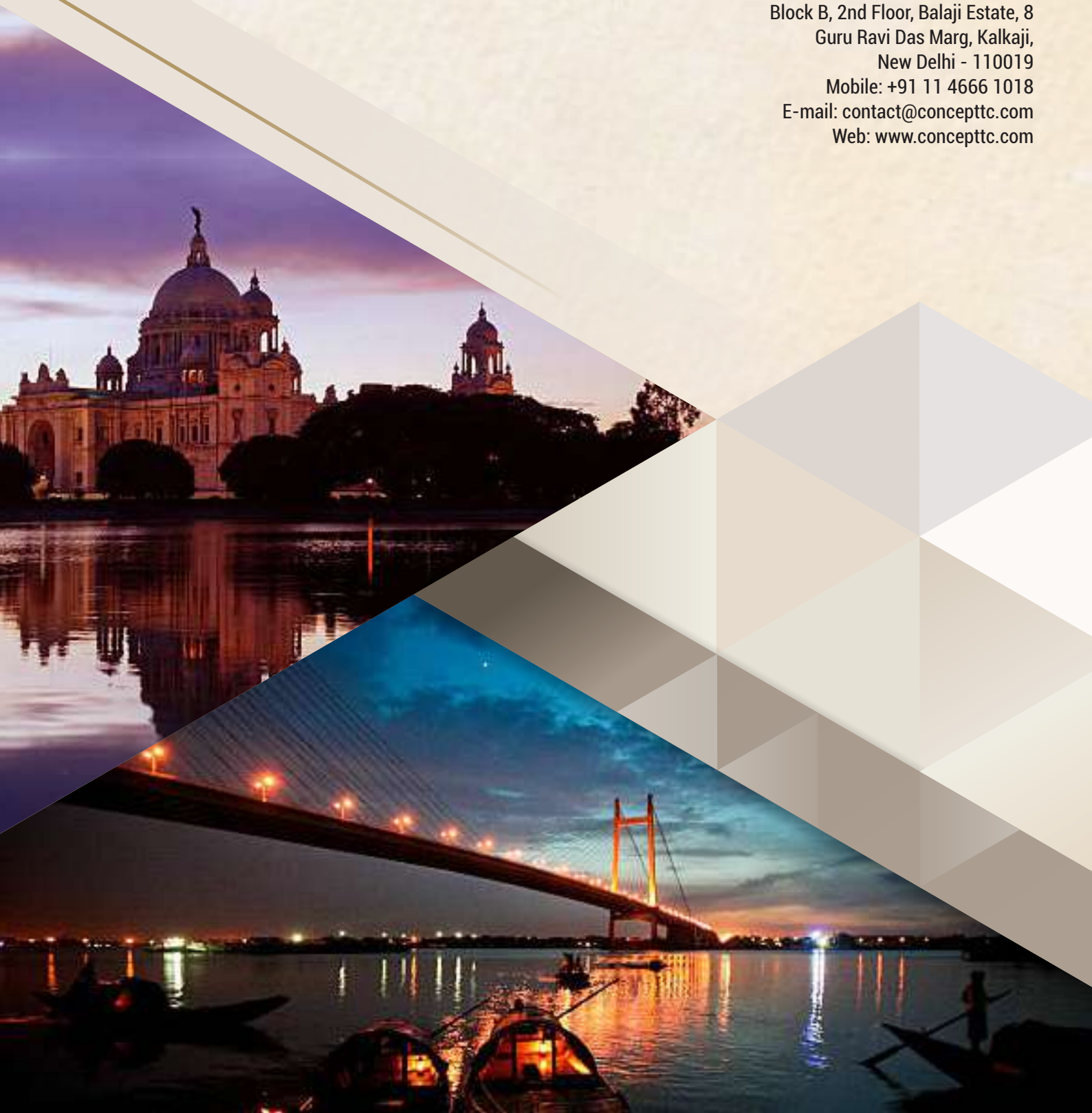
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